

As a Christian, we now have the Holy Spirit residing in our physical body. Our body is a temple for the Holy Spirit, who is the third person of the Trinity and is God. Our body is no longer our own, but it belongs to Christ. Jesus paid the price for our sin and God has sent the Holy Spirit to us as the Lord of our lives. Because the Holy Spirit now resides in our body, He calls us to honor God with our body.

1 Cor 6:11-20 And such were some of you. But you were washed, but you were sanctified, but you were justified in the name of the Lord Jesus and by the Spirit of our God. All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any. Foods for the stomach and the stomach for foods, but God will destroy both it and them. Now the body *is* not for sexual immorality but for the Lord, and the Lord for the body. And God both raised up the Lord and will also raise us up by His power. Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make *them* members of a harlot? Certainly not! Or do you not know that he who is joined to a harlot is one body *with her*? For “the two,” He says, “shall become one flesh.” But he who is joined to the Lord is one spirit *with Him*. Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God’s.

Discussion Item 1: *How do you honor God with your body?*

Discussion Item 2: *How serious is sexual immorality to God?*

Life Application: *Take a continuous inventory to your thought and physical actions that bring dishonor to your body.*

Helpful Definition:

glorify | honor - To regard or treat with honor, esteem, or respect; to revere; to treat with deference and submission; when used of the Supreme Being, to reverence; to adore; to worship. (*Webster*)

Notes:

Proverb 15:26 The thoughts of the wicked *are* an abomination to the LORD, But the words of the pure *are* pleasant.

Psalms 51:10 Create in me a clean heart, O God, And renew a steadfast spirit within me.