

God the Father knows everything yesterday, today, and tomorrow. He knew everything about each of us and the course of events in our lives before He formed the very heavens and earth as we know them today. We have the awesome privilege as believers to come to the Father with our problems and hurts for His solutions and love. No problem is too big for the Father and He already has an answer for each of our problems before we ask.

- Prov 21:30        *There is no wisdom or understanding Or counsel against the LORD.*
- Luke 12:6-7      *Are not five sparrows sold for two copper coins? And not one of them is forgotten before God. But the very hairs of your head are all numbered. Do not fear therefore; you are of more value than many sparrows.*
- Matt 6:8         *Therefore do not be like them. For your Father knows the things you have need of before you ask Him.*
- 1 John 3:18-20   *My little children, let us not love in word or in tongue, but in deed and in truth. And by this we know that we are of the truth, and shall assure our hearts before Him. For if our heart condemns us, God is greater than our heart, and knows all things.*
- James 1:17       *Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning.*

**Discussion Item 1:** *What holds you back from going to God the Father with your problems?*

**Discussion Item 2:** *When do you go to God the Father?*

**Life Application:** *Turn over a current problem or struggle to the Father today and trust in His answer rather than other people; such as friends, brothers, or sisters.*

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**Helpful Definition:**

condemn - To pronounce to be wrong; to disapprove of; to censure; declare or judge unfit.  
(Webster)

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**Notes:**

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**Proverb 3:12** For whom the LORD loves He corrects, Just as a father the son *in whom* he delights.

**Psalms 103:13** As a father pities *his* children, So the LORD pities those who fear Him.